



Sonic Electric Toothbrush (And Replacement Heads)

Model Number: 0625

Getting Started

1. Snap on the brush head of your choice with the bristles on the same side as the controls, facing you. Save the second head as a replacement for later, or give it to someone else in your household so they can share the brush with you.
2. Press the bottom button to cycle through cleaning modes. Once you've selected your desired mode, press the top button to start the cleaning cycle (but be sure to put the brush in your mouth first).
3. Your brush will stay on for a 2-minute cycle, with a pause every 30 seconds to remind you to move on to the next "quadrant" of your teeth. Your brush will turn off automatically at the end of the cycle. If you want to turn it off early, press the top button again.
4. Set your brush on the plugged-in base to recharge. Make sure to pop off the brush head and rinse it regularly to prevent toothpaste building up in the gap between the head and the base.
5. If this is your first time using an electric toothbrush, it may feel a little intense at first—but you'll get used to it quickly. You may want to use the sensitive mode for the first few days.

FAQs

How (and how often) should I replace my brush head?

We recommend replacing your brush head every 3 months, for optimal performance and hygiene.

You can buy low-cost replacement heads directly from us [on Amazon](#). We offer three types—soft, medium, and firm—so you can customize your clean.

Make sure to ONLY use Balance-brand heads with your toothbrush; if for any reason you don't see them in stock, call us directly so we can send you some.

This brush makes my teeth feel weird. Is that normal?

Sonic toothbrushes are much more powerful than manual toothbrushes, which can take some getting used to when you first make the switch. We recommend starting out on the sensitive mode for the first few days; you should quickly get used to the pulsating sensation, and your gums will get less sensitive as they get healthier with regular brushing. Also, make sure you're not pressing down too hard—your brush will do the work for you.

My brush feels like it's getting less powerful. What's going on?

There's a natural gap in between your brush and brush head that allows it to move properly. Over time, toothpaste can build up in this space, preventing it from oscillating fully. Pop off your head and rinse it to clean any residue. Or, your battery may be low—make sure your brush is fully charged.

How do the buttons work?

The bottom button switches between cleaning modes, and the top button powers the brush on and off.

When using your brush for the first time, press the bottom button until your desired mode is illuminated, and then press the top button to start the cleaning cycle. Once you've set your preferred cleaning mode, you can simply press the top button in the future to turn on your brush and start the cleaning cycle. Change modes at any time by pressing the bottom button.

If you want to turn off the brush at any point during use, press the top button again. It will turn off automatically after completing your full 2-minute cleaning cycle.

What do the different modes do?

The toothbrush vibrates at a different frequency (strokes per minute) depending on the mode you select, which delivers a different kind of clean. You can switch between modes by pressing the bottom button, and you will see your selection illuminated on the handle.

At the highest “whiten” setting, your toothbrush head vibrates at 40,000 strokes/minute (80,000 strokes/cycle) for a thorough polish. We recommend most people use the “clean” setting for daily brushing; the “sensitive” setting uses less power, which is ideal for people with sensitive teeth or other special dental concerns. The “massage” setting uses variable speeds and power levels to gently clean your gums. If this is your first time using an electric toothbrush, you may want to start on “sensitive” to get used to the feel of an electric toothbrush.

How should I brush?

Your brush comes with a smart assistant feature that will guide you through a 2-minute brushing cycle as recommended by the American Dental Association. It’s helpful to think of your teeth divided into 4 “quadrants”; your brush will pause briefly every 30 seconds to remind you to move on to the next quadrant. After the full 2 minutes, it will turn off automatically. If you’d like to turn it off early at any point during the cycle, just press the top button. For a comprehensive clean, run through one cycle on “clean”, and follow up with a partial cycle on “whiten” on your front teeth.

Most dentists recommend brushing twice a day, for the full 2-minute cycle. Wait to turn on your brush until it’s in your mouth (or you might get some toothpaste splatter). Move the brush head across your teeth in small circular motions, letting it do the work for you. Angle the bristles towards your gum line at about 45 degrees, and don’t press too hard.

How do I recharge it?

Your brush comes with built-in rechargeable batteries and an inductive charging base. Make sure to charge it fully (until the battery indicator light turns solid white) before using it for the first time. We recommend storing your brush on the base whenever you’re not using it, so it’s always fully powered when you need it. The batteries should last up to 2 weeks between charges, however, so you can take your brush on the go.

The battery indicator light on the bottom of the handle will turn red when power is low, reminding you to recharge. Once the brush is plugged in and fully charged, the light will turn from flashing white to solid white again. It’s normal for the brush to feel a little warm while it’s charging.

Towards the end of your brush's life, you'll notice that it won't last as long on a charge. If it begins operating for an unusually short period of time after being fully charged, this is a sign your battery is nearing the end of its life cycle.

Why does the brush come with two heads?

Both heads in the box are the same. We include two so multiple people can use the same brush by switching out heads, or to give one user a replacement head. We recommend that you switch out your brush heads every 3 months.

What is a "sonic toothbrush", and why is it better than my manual brush?

Sonic toothbrushes oscillate from side to side much more quickly than a human hand can, making them more effective at cleaning than a manual toothbrush. This vibration also creates a secondary cleaning effect by stirring up the fluid surrounding your teeth, breaking up plaque as far as a few millimeters away from the actual brush bristles.

Why is there a gap in between the brush head and the handle? How do I keep it clean?

Like most electric toothbrushes, your brush has a necessary gap in between the head and the base which allows the brush head to move properly while cleaning. Over time, gunk can build up in this space. We recommend regularly removing and rinsing your brush head to keep this area clean.

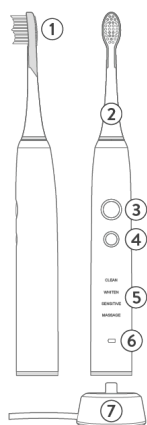
Can I use this toothbrush if I have braces, fillings, etc.?

Yes, you can! If you have any concerns or have had oral surgery in the past 2 months, ask your dentist or orthodontist to make sure. You can also use this brush to clean dentures.

Giving Back

Small actions come together to create a powerful impact. That's why Greater Goods collects a small portion of each purchase to give back to our charity partners. All of these small contributions add up to create a steady stream of contributions to our partners. Your order helps the Global Orphan Project and Love146 care for children in need and child trafficking survivors. To learn more, check out our [Community Page](#).

Tech Specs



① Tongue Cleaner

② Brush Head

③ Start / Stop Button

④ Mode Button

⑤ Modes

⑥ Battery Indicator

⑦ Charging Base

Modes	Clean, Whiten, Sensitive, Massage
Material	Body: Matte-finish plastic
	Brush Heads: Plastic, silicone head guard, Dupont™ Tynex® bristles
	Charging Base: Plastic
Color	White
Weight	4.3 oz / 0.27 lbs
Brush Dimensions	Height: 9.9 in
	Width at base: 1.2 in
	Brush Head Height: 3.5 in
	Brush Head Width: 0.7 in
Charging Base Dimensions	Height: 1.1 in
	Diameter: 2.1 in
Cord Length	4 ft
Battery	Rechargeable lithium-ion
Battery Capacity	Typical: 650 mAh
	Minimum: 630 mAh
Voltage	This product is designed to operate within a range of 100-240 volts

Storage Temperature	≤1 month:-20°C~60°C, ≤3 months:-20°C~45°C, ≤1 year: -20°C~30°C
Storage Humidity	60 ±15%RH

Warranty Terms

This product is covered by a 2-year manufacturer's warranty, and we promise to deliver great customer service for the lifetime of your brush. While your warranty does not cover damage or mistreatment to your brush, our priority is your happiness, and we encourage you to contact us about any issues you might have.

Terms

Your brush is warranted by the manufacturer against defects in materials and workmanship for two (2) years from the original purchaser from the date of purchase. Proof of purchase is required.

Void Warranty

The warranty is void if the product has been subjected to mechanical damage or mistreatment, such as immersion. This warranty is in lieu of all other warranties, and limits the liability of the manufacturer. This warranty gives you certain legal rights and you may have other rights depending on which state the product was purchased in.

Defective Product

If your brush is defective, please contact Greater Goods, LLC (that's us!)

Warnings & Standards

Our Sonic Toothbrush is safe and effective when used according to directions. Like any electrical appliance, however, basic safety precautions should be followed, especially when children are present.

General

To reduce the risk of burns, electrocution, fire, or injury to persons:

- This product is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities or lack of experience and knowledge, unless they have been given adequate supervision or instruction concerning use of the product by an adult responsible for their safety. Cleaning and user maintenance shall not be made by children without supervision.
- Children should be supervised to ensure they do not play with the product.
- Use this product only for its intended use as described in this manual. This product is designed to clean your teeth, gums and tongue only. Do not use any attachments or brush heads other than those recommended by the manufacturer.
- The toothbrush is a personal care appliance and is not intended for use on multiple patients in a dental office or institution.
- If your toothpaste includes peroxide, baking soda or other bicarbonate (common in whitening toothpastes), thoroughly clean your brush head and handle to avoid cracking the plastic.
- Never operate this product if it has a damaged cord, plug or charger base.
- Do not use this product if it is not working properly, if it has been dropped or damaged or dropped into water. Immediately discontinue use if the product appears damaged in any way.
- Keep the toothbrush, charger base and power cord away from heated surfaces.
- If you experience discomfort or pain in your mouth, discontinue use of this product and contact a dentist.
- Do not attempt to remove the battery.
- Do not clean the toothbrush in the dishwasher.
- This appliance has a polarized plug (one blade is wider than the other). As a safety feature, this plug will fit in a polarized outlet only one way. If the plug does not fit fully in the outlet, reverse the plug. If it still does not fit, contact a qualified electrician. Do not attempt to defeat this safety feature.
- Do not use outdoors or operate where aerosol (spray) products are being used or where oxygen is being administered.

- Children shall not play with the appliance.
- The battery must be removed from the appliance before it is scrapped.
- The appliance must be disconnected from the supply mains when removing the battery.
- The battery is to be disposed of safely.
- If the supply cord is damaged, it must be replaced by the manufacturer, its service agent or similarly qualified persons in order to avoid a hazard.

Water

To reduce the risk of burns, electrocution, fire, or injury to persons:

- Do not place or store the charger base where it can fall or be pulled into a bathtub, sink or toilet.
- Do not place or drop the charger into water or other liquid.
- Do not reach for a product that has fallen into water or other liquid. Unplug immediately.
- Do not use while bathing.
- Unplug charger base before cleaning and assure that it is dry before plugging it into an electrical outlet.

Voltage

To reduce the risk of burns, electrocution, fire, or injury to persons:

- Do not plug the charger base into an outlet with a voltage other than specified on the bottom of the charger.
- This product is designed to operate within a range of 100-240 volts.
- Voltage converters do not guarantee compatibility.
- Do not force the plug into an outlet.
- If the plug does not fit easily into the outlet, discontinue use.

Medical

- If you have had oral surgery or gum surgery within the past two months, consult your dental provider before using the product.
- Consult your dental provider if excessive bleeding occurs while using this product or minor bleeding continues to occur after one week of use.
- Consult your physician or implant device manufacturer prior to using this product if you have questions concerning the combined use of this product with a pacemaker or other implanted medical device(s).
- Consult your physician prior to using the toothbrush if you have any medical concerns.
- The toothbrush has been tested and is certified as per ETL and CE regulations.

Choking Hazard

The brush heads are detachable and may present a choking hazard if used improperly. Do not allow children to use this brush, or operate the brush if the head is loose or otherwise damaged.

Disposal

This device contains lithium-ion batteries, which should be disposed of separately from household waste. Always dispose of batteries as per your local regulations. Dispose of this device in accordance with your local regulations.

FCC Statement

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.