We love that you are rocking JLab!
We take pride in our products and fully stand behind them.
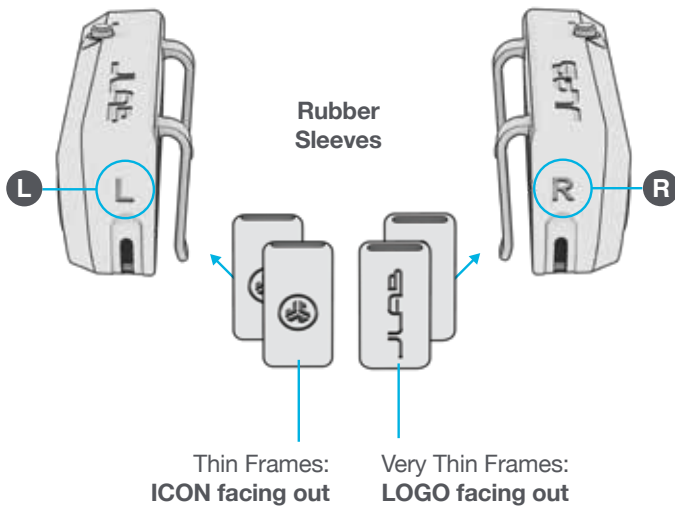
JLAB
JBUDS FRAMES
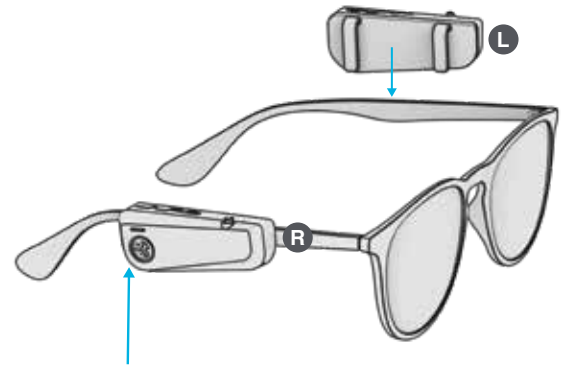
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ASSEMBLY

**1** Locate the **L & R** on the back. If needed, add the **Rubber Sleeves** on hooks for narrow stem glasses.

**2** Slide the JBuds Frames on corresponding left and right stems of glasses.

Rubber Sleeves

L   R

Thin Frames:
ICON facing out

Very Thin Frames:
LOGO facing out

L

R

The JBuds Frames should be positioned closest to the ear for best performance.

CONNECTING BLUETOOTH

1 Press and hold **BOTH** buttons 5+ seconds. One side will start **blinking blue/white** indicating ready to connect.
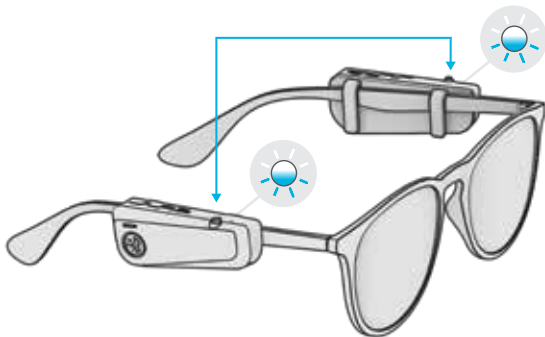
2 Enter your device settings and connect to "JLab JBuds Frames". **Solid white lights** will indicate you are connected.

Settings
Bluetooth
JLab JBuds Frames
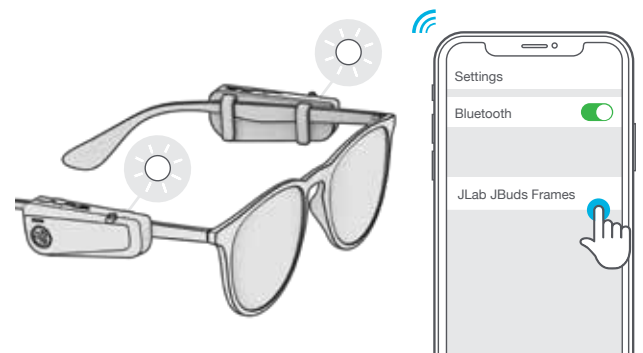
ADDING NEW/ADDITIONAL BLUETOOTH DEVICES:
Turn OFF Bluetooth from any previously connected device. **Turn ON Bluetooth** from new device. Power ON the JBuds Frames and they will enter Bluetooth pairing after 10 seconds. Select "JLab JBuds Frames" in new device settings to connect.

BUTTON FUNCTIONS

INDICATOR LIGHT

INDICATOR LIGHT

LEFT BUTTON

RIGHT BUTTON
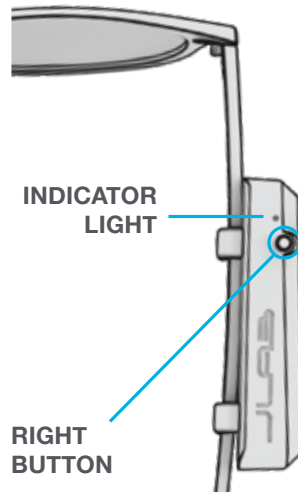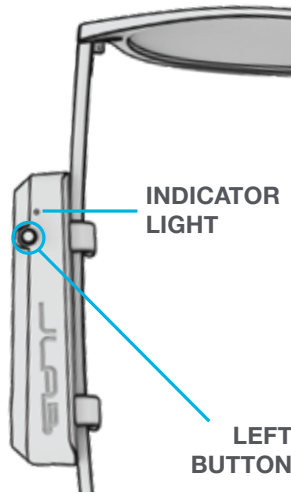
VOLUME DOWN: Single press

SIRI (iOS) or "OK GOOGLE" (ANDROID): Double press

TRACK BACKWARD: Press & hold 1+ sec

VOLUME UP: Single press

PLAY / PAUSE: Double press

TRACK FORWARD: Press & hold 1+ sec

ANSWER: Single press

HANGUP: Double press

REJECT INCOMING CALLS: Press & hold 1+ sec

EQ CHANGE: Triple press on either earbud (Cycles JLab Signature/Bass Boost)

POWER ON / OFF: Press & hold 3+ sec on either earbud (Button will power OFF both sides)

EQ SETTINGS

Triple press either the right or left earbud 3 times for different EQ settings.
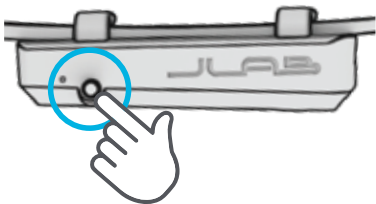
JLab SIGNATURE
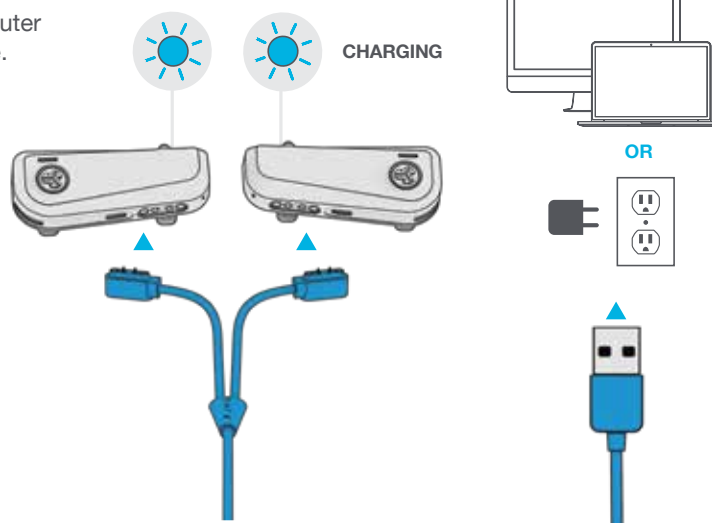JLab C3™ signature sound with amplified bass and vocals
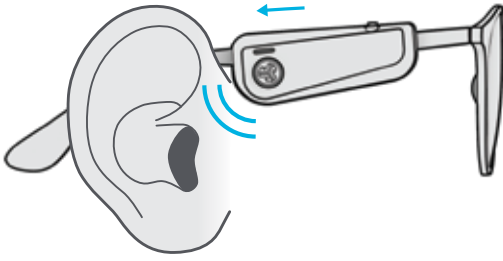
BASS BOOST
Amplified bass and sub-bass

CHARGING

Connect the JBuds Frames to computer or USB 5V 1A (or less) output device.

CHARGING

OR

QUICK TIPS

Position the JBuds Frames as close to your ears as possible. This will greatly improve the audio performance.

You can use either JBuds Frames left or right independently or both together with Dual Connect to listen to music or take calls. Note you will only have access to the left or right controls if you're using only one.

OR

L   R

Settings
Bluetooth
JLab JBuds Frames Connected
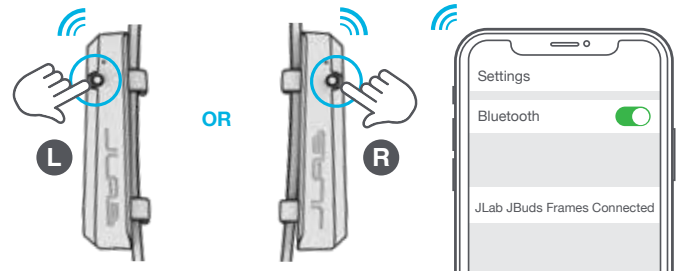
TROUBLESHOOTING

NO AUDIO IN ONE SIDE OR BLUETOOTH DOES NOT CONNECT/RECONNECT (MANUAL RESET)

1 Enter your Bluetooth device settings and forget the JLab JBuds Frames.

Settings
Bluetooth
JLab JBuds Frames (i)
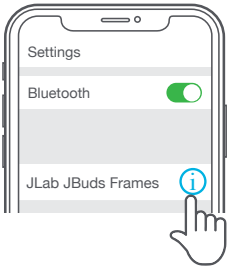
2 When JBuds Frames are powered OFF, **Press and hold both buttons 15+ sec.** Frames will power ON then power OFF.

PRESS & HOLD 15+ SEC
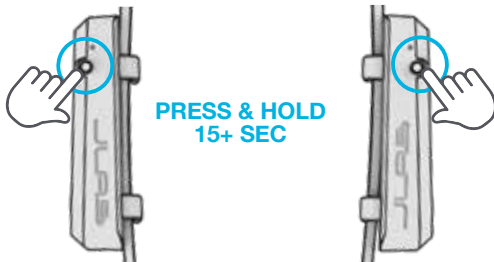
3 **Press and hold both buttons 3+ sec** to power ON. JBuds Frames will start blinking blue/white indicating ready to connect. Enter device settings and reconnect.

Settings
Bluetooth
JLab JBuds Frames

Instructional videos at: JLAB.COM/MANUALS
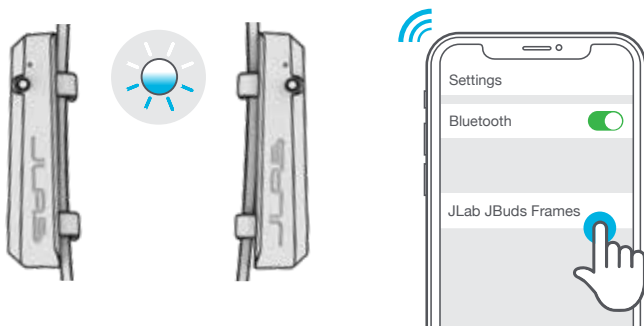
CAUTIONS

• Avoid extreme heat, cold, and humidity.

• Avoid dropping or crushing the earbuds.

• Wax may build up in the earbud tips, lowering the sound quality.
  Carefully remove the wax with a cotton swab or other small tool to improve the sound quality.

• If you experience discomfort or pain, try lowering the volume or discontinuing use temporarily.

• If you experience regular discomfort while using this product, discontinue use and consult your physician.

• We recommend you treat your earbuds as you would a nice pair of sunglasses and keep them in safe location when not in use.

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